



The Priory Primary School – Dip And Do Home Learning

Get Electronic:

People often think that if they find something difficult, it means that they cannot do it. But remember:

First

Attempt

In

Learning

We usually fail before we can succeed!

Use Word to create a poster to share this important message with the younger pupils in the school so that they are not scared of failing.

Get Researching:

Some of the most famous people in the world have had to overcome difficulties to succeed in their field. Research Richard Branson, Daniel Radcliff, and Albert Einstein. What challenges did they face? Can you find even more famous people who faced similar challenges?

Get Experimenting:

Resilience is described as ‘the ability to cope with life’s ups and downs.’ A bubbly bath, chatting to a friend and a mug of hot chocolate always help me to deal with the downs. What works for you? Try different things and let us know- after all it may help someone else too!

Get Cooking:

Look at a recipe book and pick a meal to make with your family. Make sure that it is something you have not done before! Try it out then write down anything that could have been done better. Persevere and have another go next week. Did you notice an improvement?

Get Writing:

Diaries are a wonderful way of tracking our daily thoughts and progress. Keep a diary every day for a week, writing down your thoughts & feelings with complete honesty. At the end of the week, look back at what you have been through and achieved- you are super!

Inner Strength



What makes you strong?

Get Mathematical:

At school, everyone has their favourite and least favourite subjects because everyone has their own unique strengths and weaknesses.

Survey your family members and friends to find out what subject they found/ find most difficult at school. You may be surprised by what you discover!

Produce a tally chart or a bar chart of your results.

Get Thinking:

What do you find difficult? Can you remember a time when you have needed to try, try, and try again? It is important to celebrate our perseverance (our ability to keep going even though we find something hard). Record an audio comment and upload it onto Seesaw.

Get Creative:

Look at ‘The Scream’ by Edvard Munch. It shows a feeling of deep despair and anxiety. Painting & drawing can help you to deal with bad feelings so next time you are feeling troubled, perhaps you could create your own ‘scream’ picture. Did it help to soothe and calm you?

Get Active:

Determination is key when it comes to completing a gruelling workout. Can you complete a whole session with Joe Wicks? Resilience and fitness do not happen overnight- they are built up over time so perhaps you could join him regularly in a bid to build these gradually.

Get Performing:

Have you ever needed to speak up against something you think is wrong or stand up to someone who has treated you unfairly? Act out the scene showing how you did this. Can’t think of anything? Don’t worry- you can make it up and demonstrate how you *would* react.

Year 3– Spring 2 Term - DIP INTO THE ACTIVITIES ABOVE WITH YOUR CHILD. YOU DON'T HAVE TO DO THEM ALL! YOUR CHILD CAN PRESENT THEIR LEARNING IN A WAY THAT THEY WOULD LIKE (BE IMAGINATIVE!) AND BRING IT INTO SCHOOL AS THEY COMPLETE IT TO SHARE WITH THEIR CLASS. ALL ACTIVITIES ARE OPTIONAL.